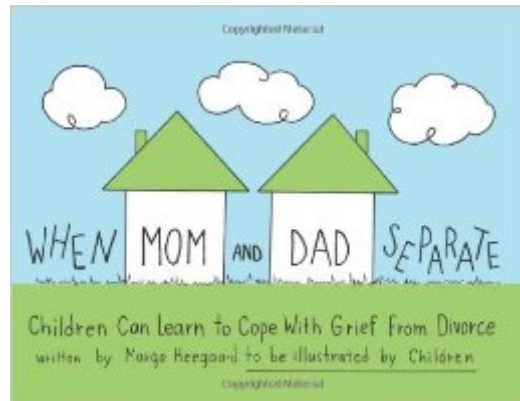


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# When Mom And Dad Separate: Children Can Learn To Cope With Grief From Divorce



## Synopsis

Discusses basic concepts of marriage and divorce. Offers children a creative way to sort out the stressful feelings of grief caused by change.

## Book Information

Series: The Drawing Out Feelings Series

Paperback: 32 pages

Publisher: Woodland Press; Reissue edition (July 23, 1996)

Language: English

ISBN-10: 0962050229

ISBN-13: 978-0962050220

Product Dimensions: 11 x 0.2 x 8.6 inches

Shipping Weight: 5.6 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (28 customer reviews)

Best Sellers Rank: #58,857 in Books (See Top 100 in Books) #42 in [Books > Children's Books >](#)

[Growing Up & Facts of Life > Family Life > Marriage & Divorce](#) #88 in [Books > Parenting &](#)

[Relationships > Family Relationships > Divorce](#) #1626 in [Books > Self-Help > Relationships](#)

Age Range: 8 - 12 years

Grade Level: 4 - 7

## Customer Reviews

I bought this for my boyfriends 4 year old daughter and 8 year old son. It's been years since he and his ex have been living separate lives in separate homes but it seemed apparent that the children were still struggling to adjust. I dedicated an afternoon at B&N to read through various children's books geared towards coping with divorce and ultimately decided to go with this one. I appreciate it's neutrality between the mother and father role (quite a few seemed geared towards making the father seem like a dead beat) and while I really enjoyed reading through *Dinosaurs Divorce*, I was concerned about the page where mommy dinosaur is shown as an alcoholic/pill abuser. We introduced the books to the children as fun activity guides where they get to create their own story through drawings and words. Both kids thought it was soooo cool that they could 'write and draw' in a book all about them. Personally, I was REALLY impressed at how easy it was for them to communicate in drawings and I was absolutely thrilled at the open dialogue that it created between them and their father about their feelings. In addition to helping discover some of the unhealthy misconceptions they both had about their parents divorce, it also allowed us to uncover his

daughter's tremendous fear of death (in particular losing either one of her parents while she is away from the other on visitation). Tom had recently lost both of his parents to cancer but there was no indication to us that the kids were upset by this and so we just assumed that they both had a very healthy understanding of life and death. As a result of our success with this book, we've also purchased "When someone very special dies" by the same author to help guide them through having healing conversations on this topic. I would highly recommend this book as a great tool for open communication on an otherwise challenging topic.

As a school counselor, the workbook was helpful to me in getting kids from divorced homes to talk about their feelings. The content is simple and straightforward, but not upsetting. It focuses on acceptance and positive change. The kids loved drawing the pictures and putting their name on the book as the illustrator. It gives them something to feel proud about. The workbook could also be a helpful tool for parents who are having difficulty talking to their children about divorce.

In 2002, I separated from my husband and my son who was 5 at the time had a hard time adjusting. I enrolled him in counseling and happened on this book. I must say it was EXTREMELY HELPFUL. My son was able to show me his feelings in pictures and I was able to make that connection that helped him cope with what was happening to our family. I had two other children as well but they were too young at the time of the divorce to understand what was happening. Now that they are 5 also they are beginning to understand and one daughter in particular is having a hard time. I am sooo glad I found this book. I just purchased it again for her and can't wait till we can start healing together when it arrives.

I found this book extremely helpful in my therapy work with children whose parents are divorcing. The art therapy format was especially helpful for my nonverbal kids. The book nicely addresses many issues that may arise for children in a nonthreatening manner. Most of all, it did a good job of explaining "divorce", a very grown-up concept, in kid terms.

As a Clinical Psychologist I am always looking for books & things I can use in therapy with kids. I was delighted to come across this book & get it for a great price on ! It arrived super quick & I plan to use it in a group I run for kids whose parents have separated or are getting a divorce. It has great pages that can be used & the kids can draw in them whatever they want to show how they are feeling! It's a great book for any therapist to use but also for a parent to buy for a child if they are

experiencing divorce.

I use this in counseling elementary age students. Guided drawing like this seems to work well with some children, not well with others, but can be very adaptable for different ages. I find it's a good way to start conversations with many students, and the drawing process itself seems to be very helpful to some. I really like pages on feelings; these are pretty much the same as some pages in Heegaard's other books. I will note that although the title says "Separate" many pages use the word divorce, so it gets tricky to use with my students whose parents are separated but not divorced. I just pick and choose the pages that don't say "divorce" or use the other pages to inspire me for topics.

Another excellent book by Ms Heegaard. She knows children and how to relate to them. The book is written from a child's perspective and the illustrations are to be drawn by the child using the book. I use this series all the time! Recommended highly.

If you don't have this conversation with your child (during a separation or divorce) they WILL make up their own reasons . . . and they will blame themselves. This book allows you and your child to have a tough, but necessary conversation. Honestly, it was a bit emotional to go through this book with my son, but raising a kid in this kind of circumstance isn't easy (not that raising a kid is easy in the first place). Price and shipping were all as expected and worth the price. Both and the seller deserve kudos for offering a great book at a good price.

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When Mom and Dad Separate: Children Can Learn to Cope with Grief from Divorce  
When Someone Very Special Dies: Children Can Learn to Cope with Grief (Drawing Out Feelings Series)  
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Getting Through My Parents' Divorce: A Workbook for Children Coping with Divorce, Parental Alienation, and Loyalty Conflicts  
Divorce and Beyond Participants (Divorce & Remarriage)  
Parenting After Divorce For The Single Daddy: The Best Guide To Helping Single Dads Deal With Parenting Challenges After A Divorce  
When Someone Has a Very Serious Illness: Children Can Learn to Cope with Loss and Change On Grief and Grieving: Finding the Meaning of Grief Through the Five Stages of Loss  
Rich Dad Poor Dad for Teens: The Secrets About Money - That You Don't Learn in School!  
Rich Dad Advisors: Buying and Selling a Business: How You Can Win in the

Business Quadrant (Rich Dad's Advisors (Audio)) My Mom and Dad Don't Live Together Anymore: A Drawing Book for Children of Separated or Divorced Parents Putting Children First: Proven Parenting Strategies for Helping Children Thrive Through Divorce Learn Spanish Step by Step: Spanish Language Practical Guide for Beginners (Learn Spanish, Learn German, Learn French, Learn Italian) Learn French Step by Step: French Language Practical Guide for Beginners (Learn French, Learn Spanish, Learn Italian, Learn German) Separate Is Never Equal: Sylvia Mendez and Her Family's Fight for Desegregation (Jane Addams Award Book (Awards)) A Separate Peace Thurgood Marshall: The Supreme Court Rules on "Separate But Equal" (Graphic History of the Civil Rights Movement) Separate Roads (Ribbons West Book #2) Dad and Me: A Special Book for You and Your Dad to Fill in Together and Share with Each Other (Bloch, Serge) Dog Lover: Adult Coloring Book: Best Coloring Gifts for Mom, Dad, Friend, Women, Men and Adults Everywhere: Beautiful Dogs Stress Relieving Patterns

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